

A proven path to better and faster surgery recovery

Cut rehabilitation costs by half and help your employees get back on the job sooner and safely

“It’s a fabulous therapy, I wouldn’t do half of this if I were at a Physical Therapy center.”

SWORD Health patient

SUMMARY

-  1 in every 2 Americans is affected by musculoskeletal disorders (MSKs)
-  Up to 10% of people suffering from MSKs end up in surgery.
-  Post-surgery recovery can take more than 7 weeks, with patients facing the risk of future disability.

-  Conventional physical therapy (PT) is costly and requires patients to travel back and forth to PT centers. **Almost half give up after only four PT sessions.**
-  Our novel approach to post-surgery rehabilitation **reduces costs by up to 55%** while minimizing recovery time and maximizing patient engagement.

WE ARE THE FUTURE OF MUSCULOSKELETAL CARE AND WE’VE SHOWN TO BE BETTER THAN CONVENTIONAL PHYSICAL THERAPY

CLINICAL EVIDENCE

We carried out two clinical studies with patients who went through a hip or knee replacement. Compared with conventional physical therapy, patients following a SWORD Health program reported:

	With SWORD Health	Pain	Timed Up & Go (TUG)
 Knee		↓ 68%	29% Faster
 Hip		↓ 35%	61% Faster

Our program also showed a dramatic decrease in symptoms and a significant increase in the ability to perform daily activities, which translated into a clearly **improved quality of life**:

 Knee	_____	81% Better
 Hip	_____	43% Better

REAL-WORLD EVIDENCE

We partnered with large insurance companies to roll out our pioneering therapeutic programs — and the outcomes were once again better than with conventional physical therapy:

	With SWORD Health	Residual disability	Return to work
 Knee		↓ 2%	13% Faster
 Shoulder		↓ 56%	13% Faster

With our Digital Therapist, patients were able to get back to work sooner and faced less risk of post-surgery disability while showing **high levels of engagement with the program**:

		
Retention rate	Adherence* (5-day basis)	Net Promoter Score

* On average, patient’s adherence to treatment was greater than 5 days/week (i.e., including weekends)

HOW WE DO IT

SWORD Health is a tech-enabled provider of physical therapy that pairs its Digital Therapists with human clinical teams to recover patients faster and more effectively. Our home-based programs not only improve post-surgery care but also treat and prevent chronic back and joint pain.



MOTION TRACKERS

Small and lightweight, they digitize motion with clinical precision

DIGITAL THERAPIST

The core of SWORD Therapy, it guides the patient through their sessions with live feedback on performance

SWORD PORTAL

This is where our clinical team manages and evaluates the progress of each patient

WE HELP RECOVER FROM COMMON SURGERIES AND INJURIES



Spine Surgery



Shoulder tendon repair



Hip-related surgeries



Knee-related surgeries



Limb fractures



Joint sprains

FURTHER REASONS TO CHOOSE US

SEAMLESS IMPLEMENTATION

We integrate seamlessly into your ecosystem and tailor campaigns to your population, thus enabling a frictionless deployment of our solution.

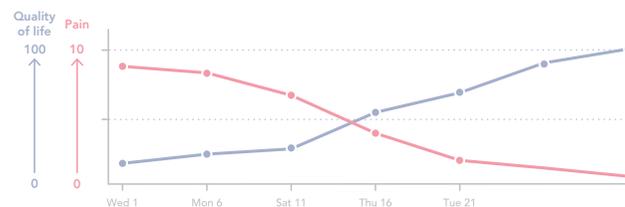
DETAILED ACCOUNTABILITY

We give you objective, auditable data on patient evolution to enable the management of workers' progress. Our periodic reports help you keep track of employees' health improvement and cost reductions.



Report
May 2019

PATIENTS	ADHERENCE	PATIENT SATISFACTION	ESTIMATE SAVINGS	DECREASE IN LOST WORK DAYS
320	82%	9.3/10	\$ 351,720	339



Illustrative example of SWORD Health's dashboard

CUT UP TO 55% IN POST-SURGERY COSTS WITH MSK

When factoring in the decreased spend in physical therapy and the earlier return to work, we can save you up to more than half the cost of your employees' post-surgery rehabilitation.



CUT OUT TRAVEL COSTS TO CLINIC



REDUCE PHYSICAL THERAPY SPEND



REDUCE MISSED WORKDAYS

REACH OUT TO OUR TEAM AND REQUEST YOUR DEMO:

sales@swordhealth.com

LEARN MORE ABOUT SWORD HEALTH

www.swordhealth.com